

the Post

Vol. 81, No. 29

Published for the Fort Dix Community since 1942

July 21, 2006

Beat the heat!

Protect yourself from Heat Stress

- **When the body is unable to cool itself by sweating, several heat-induced illnesses such as heat stress and the more serious heat stroke can occur.**

- **High temperature and humidity, direct sun, limited air movement, physical exertion, some medicines and heat intolerance can all contribute to heat stress.**

- **Headaches, dizziness, fainting, moist skin, mood changes, and upset stomach are signs of heat exhaustion.**

- **Dry, hot skin with no sweating, mental confusion or loss of consciousness and seizures are symptoms of heat stroke.**

KNOW THE SIGNS OF HEAT STRESS!

- **Monitor yourself and your co-workers.**

- **Use fans and block direct sun.**

- **Rest regularly and drink lots of water, about one cup every 15 minutes.**

- **Wear loose, lightweight, light colored clothing.**

- **Avoid alcohol, caffeine and heavy meals.**

- **Don't take chances! If you believe you or someone you are with is suffering from heat stress, call medical help at once. While waiting for help to arrive, move to a shaded area, loosen clothing, drink water and fan and mist skin with water.**

- *For additional information on heat stress and management, log on to the Occupational Safety and Health Administration's website at www.osha.gov.*

NEWSNOTES

Housing Lease info session set for August 2

A Housing Lease Signing Information Session will be presented by United Communities Development (the Housing Privatization Management Company) to all interested parties Wednesday, August 2, at 6 p.m. at the Fort Dix Main Chapel. For additional information, the United Communities website can be accessed at www.mcguiredixuc.com.

AAFES offers job opportunities

There many positions open in Retail (cashiers, sales associates on the sales floor, supervisors, warehouse) and Food Service (Burger King and Food Court).

To apply, go to www.aafes.com and click on the employment link (near the top of the page). Scroll down and click on New Applicant to complete on-line application.

Pay varies by position. For Food Service and Warehouse, the starting pay is \$7.90; Retail usually starts at around \$6.50 (supervisors higher, of course). If you have any questions please call 723-6004.

Lebanon evacuation grows

Jim Garamone
American Forces Press Service

WASHINGTON, July 19, 2006 — U.S. evacuation capacity in Lebanon will double each day for the next few days, a senior defense official said here today.

Yesterday, between 250 and 300 Americans left Lebanon in the face of fighting between Israel and the terrorist group Hezbollah. U.S. military helicopters airlifted 120 U.S. citizens to

Cyprus, while another 150 to 200 citizens left the country aboard a Norwegian vessel.

This morning, the Defense Department-chartered Greek motor vessel Orient Queen left the pier in Beirut carrying about 900 U.S. citizens.

The Navy amphibious ship USS Nashville has arrived in Cyprus and will join evacuation efforts tomorrow, the official said. This will increase the evacuation capacity to 2,000 people per day. The arrival of other craft — including other Navy ships and another con-

tract vessel, the Rahmah — will boost the capacity to 4,000 per day by July 21.

Two destroyers — the USS Gonzalez and the USS Barry — are operating today in the area. The ships are providing protection for contract carriers and other U.S. warships. "Committed to the operation, but not yet directly involved in the operation, is the Iwo Jima, Whidbey Island, Trenton and HSV-Swift," the senior official said. "They are committed; we will see if they are needed or not."

The evacuation is a complex opera-

tion involving DoD and State Department personnel. The State Department directs the effort and collects the data from Americans who wish to leave the country. The paramount mission for the U.S. government is the safety of Americans who wish to evacuate, officials said. "Our goal is to continue to have excess capacity to what is required by the State Department," the DoD official said.

A "permissive" threat environment exists in Beirut right now, officials

(continued on page 3)

Mechanics hone skills with hands-on repair for Platinum Wrench

Wayne Cook
Public Affairs Staff

The Army's annual maintenance exercise, Operation Platinum Wrench, is in high gear and the 237th Maintenance Company is part of the pit crew. The unit, based in Fort Totten, New York, is doing annual training (AT) side by side with the men and women of the Directorate of Logistics (DOL) maintenance workshops.

OPW is a two- to four-month national exercise that integrates the operations of Reserve maintenance units with direct support (DS), general support (GS), and service (also known as collection and classification) companies under a unified training program. The concept uses Reserve Soldiers and facilities to support Army Reserve installations and to rebuild and overhaul Army Reserve equipment, thus saving limited Army Reserve dollars.

On July 8 the advance party for the 237th Maint. Co. arrived on Fort Dix and two days later the main body hit the ground running. One individual who has experienced OPW many times over the last few years is Sgt. First Class Andrew Wyllie, maintenance shop office non-commissioned officer in charge.

"Being involved with Operation Platinum Wrench for the last few years has helped us establish relationships with the DOL staff and we have gained experience working on the vehicles here," said Wyllie.

"The 237th was activated and worked the direct support and general support mission with DOL for two years at the beginning of the war, before contractors were part of the DOL team," said Joseph Avvento, DOL tactical vehicle inspector.

"They were a tremendous asset during their activation period. As for Platinum Wrench, they have been working with us on a variety of jobs such as vehicle repairs, equipment recovery from the Port of Philadelphia of equipment coming back from overseas, and equipment maintenance such as genera-

tors and air conditioners. They also work side-by-side with DOL vehicle mechanics. They are a great asset," Avvento said.

Throughout the maintenance bays Soldiers were working on 10K forklifts, hummers, trucks of different sizes and nomenclatures, generators, and air conditioning units.

One Soldier, Spec. Malongze Foma, was hard at work replacing hydraulic lines on a forklift. She had already rewired the entire forklift cabin control panel. Because of her outstanding work and attitude she was made the team leader on the project.

Another seasoned performer was Spec. Andrew Wong, refrigeration and air-conditioning specialist, who had personally worked on more than 20 air-conditioning units in one week and was in the midst of repairing the air-conditioning unit on the fire department's ladder truck.

"Spec. Wong is a fast and efficient worker who we are proud to have in the unit," said Staff Sgt. Juan Pagan, team leader and assistant platoon leader.

Overseeing operations on the floor was Staff Sgt. Jon Huckle, "G" shop supervisor and acting platoon leader, who had recently returned from Operation Iraqi Freedom (OIF) where he had been stationed in Kuwait.

Also on the floor was Sgt. David Castro, light-wheel vehicle mechanic and recovery team member, who also had recently returned from OIF where he had been stationed at Mosul.

Huckle and Castro had been assigned to assist during the exercise to share their experiences overseas.

"It's been educational. A lot of learning and a lot of cross-training," said Pfc. Unique Hodge, generator mechanic.

One Soldier stated the purpose of Platinum Wrench and the mission of the 237th best: "I believe this is mission essential. We are involved in a war and everyone has a role and we're all working together to keep the equipment running," said Pagan.

(For more information and photos, see page 4.)

Town Hall Meeting: What you need to know about Fort Dix

Do you have questions about facilities and services at Fort Dix?

Are you curious about the effects of Base Realignment and Closure on the installations, and the impact of Joint Basing?

Would you like to know more about new and upcoming events on the installation?

If you have questions or curiosity, the Installation Town Hall Meeting Aug. 2 at 3 p.m. in the Main Post Chapel is the place to find answers.

The meeting, designed for employees and Soldiers on post, will include several information briefings and an opportunity to ask questions of subject matter experts who will be on hand.

Briefings will include an update on mobilization and training by the Directorate of Plans, Training, Mobilization and Security.

Post Command Sgt. Maj. Albert Davidson will present information on honors and calendar events for the quarter.

Of interest to all will be a preview of events and activities planned for Team Dix Day Aug. 11, the post's annual celebration for Soldiers and employees.

The Directorate of Morale, Welfare and Recreation will also present the quarterly calendar of recreational activities and new and revised program information.

A security briefing and updates on checkpoints and other access issues will be presented by the Directorate of Public Safety.

The Directorate of Public Works will outline the status of construction projects on post, and plans for the future.

Of special interest will be a presentation by the Burlington County Health Department on joint plans to deal with pandemic influenza should it strike the area.

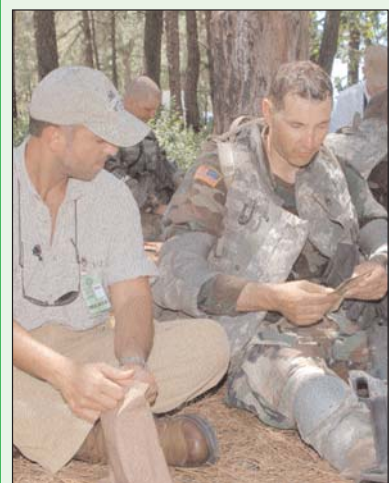
Questions may be submitted in advance to Andre Mixon by calling 562-6669 or send an email to Andre.mixon@dix.army.mil

World watches, Soldiers train



Carolee Nisbet

THE THEATER OF TRAINING — Videographer Rudi Marshall and reporters Kristen Salomey, Al Jazeera International, and Anton Volskiy, NTV-Russia, do reports on Theater Immersion training at Fort Dix July 14 while Soldiers train at the post's MOUT site. The event was part of a day-long media visit for members of the Foreign Press Corps.



David Moore

INFORMATION EXCHANGE — Staff Sgt. Ronal Jansen, of the North Carolina Army National Guard's HHB, 113th Field Artillery, shows Joe R. Talbert, of Alhurra TV, how to prepare a meal-ready-to-eat during a foreign media visit to Fort Dix. Jansen rapped on training on the individual movement lane and broke bread with a half a dozen media outlets from the Middle East, as well as Europe and Russia.



David Moore

UNDER THE WIRE — Spec. John Vought, 811th Ordnance Company moves under the concertina wire during individual movement training July 14 when members of the international media visited Fort Dix to report on mobilization and theater immersion training.

Home residency requires proof

Fort Dix SJA Office

Soldiers are always looking for the advantage, whether it is in a fire fight, or in a fight to save money. Private Snuffy pays in-state college tuition in State A, has his car registered in State B, and claims he is a resident of State C for tax purposes. He wants to know if he made the best choices.

State A has the lowest in-state tuition, State B has the cheapest car insurance costs, and State C has no state income tax. Private Snuffy chose the most advantageous states for each of his purposes.

Did he make the right choices? You can bet the IRS will tell Private Snuffy he did not make the right choices. They will likely call his choices fraud and tax evasion.

Private Snuffy is going to face some big problems by claiming he is a resident of three different states.

Snuffy may receive nasty letters from the college requesting additional tuition or disenrollment, and perhaps tax liens from state IRS departments, along with fines, penalties and perhaps jail time.

Soldiers who declare themselves as a resident of a state need to be prepared to show proof they in fact live in that state, or did live in that state as a resident but for coming on active duty.

The soldier who lived in State A before coming on active duty, but now claims State B to be his state of residence (although he never lived in state B), may have to prove his inten-

tion of permanently residing in state B.

Evidence which will help the soldier convince authorities that he is a resident of State B and that he did not simply pick B to avoid State A income taxes, would be:

1. He registered to vote in State B.
2. He actually voted in a State B election.

ensure their address change is given to finance and their unit S-1.

However, the worst method of changing residency is to simply say, "In my mind I am now a resident of State C. I cannot point to anything other than my duffle bag full of clothes in my Aunt's house, but you can trust me, I intend to permanently reside there."



3. He registered a vehicle in State B.

4. He opened up a bank account in State B. (He closed his bank accounts in State A)
5. He has a state B driver's license.

6. He owns a home in B or (He sold his home in State A)
7. He has an apartment in his name in B.

The more evidence the soldier can show that he has an intention to permanently reside in State B, the more likely he will not have problems with the IRS of any other state.

Some states have additional residency requirements, such as actually staying in the state for so many days during the year in order to be deemed a resident of that state.

Soldiers who want to change their state of residence should

Remember, the IRS trusts no one. Keeping your residency a secret until you fill out your tax forms is a sure fire way to get into trouble with the IRS.

TAX BREAK STATES FOR MILITARY PAY

When considering which state to legitimately move to, consider that the following states do not tax active or reserve military pay, because they have no state income tax:

Florida, Nevada, South Dakota, Texas, Washington, Wyoming and Alaska.

Tennessee and New Hampshire likewise do not tax any military pay because they have no earned state income tax. They do tax "unearned income" like dividends and interest.

Illinois has a state income tax, but still does not tax any active duty military pay.

Montana taxes military pay earned while under title 32 status, but imposes no state income tax for military pay earned while under title 10 status.

Pennsylvania, Oregon and Vermont do not tax military pay earned outside of their states, while Minnesota treats soldiers on active duty outside of Minnesota as non-residents.

Other states that provide an exemption or exclusion of a portion of military pay from state income taxes are: Arkansas, Hawaii, Indiana, Iowa, Missouri, Oklahoma, South Carolina, Utah, Virginia, West Virginia, and Wisconsin. New York does not tax military pay of non-resident soldiers. However, this non-residency is so narrowly defined that most soldiers from New York cannot qualify for this exemption.

When considering in which state to retire, the following states do not tax military retirement pay:

Alabama, Alaska, Florida, Hawaii, Illinois, Kansas, Kentucky (no tax if retired before 1997, after 1997 does not tax the first \$40,200 of military retirement pay), Louisiana, Massachusetts, Michigan, Mississippi, Nevada, New Hampshire, New Jersey, New York, North Carolina (if 5 years of service prior to 1989), Oregon (if retired before 1991, but some credit for every month of AD served prior to 1991), Pennsylvania (if age 59 1/2, or older), South Dakota, Texas, Washington, Wisconsin, and Wyoming.

The answer to the question, "which state is the best state for Private Snuffy to claim he is a resident?" The state in which Private Snuffy resides and has proof of his residency. Home may be where the heart is, but residency requires proof.

Chinooks keep Soldiers off dangerous roads

Spec. Creighton Holub
CAMP TAJI, Iraq
Army News Service

CH-47 Chinook pilots with the 4th Infantry Division's Combat Aviation Battalion move an average of 40 pallets of equipment and supplies throughout Baghdad every night.

They've also kept an estimated 3,000 trucks and more than 7,000 Soldiers off the roads of Baghdad since their arrival.

"We're preserving democracy one pallet at a time," said Chief Warrant Officer 2 Phillip Lopez, a Chinook pilot with Company B, 2nd Battalion, 4th Aviation Regiment, MND-B. "Once we started doing this mission, they started seeing the numbers of folks on the road dwindle. We're saving lives by not having civilians and military folks on the road."

The Chinook crews work closely with Soldiers from the division's Sustainment Brigade to get equipment and supplies where they are needed within the Multi-National Force - Baghdad area of operations. Soldiers who could normally drive trucks to deliver the equipment said they are pleased with the efforts of the Chinook crews.

"I feel a whole lot safer," said Sgt. Marcus Hargrave, a motor transport operator who is on his second deployment to Iraq and is assigned to the 155th Cargo Transport Company.

I don't have to worry about improvised explosive devices as long as we're not on the road," he said. "I think there's a lot less people getting injured and killed."

Although the helicopters are immune to the dangers of roadside bombs, they're still open to insurgent attacks.

"There is still risk involved," Lopez added. "The advantage of flying is that we're not there on the road with the implanted IEDs. We also have more maneuverability - that makes us a harder target than a convoy."

"As a unit we can move them (equipment and Soldiers) faster than on the ground," he said.

Evacuating Americans

(continued from page 1)

said, adding that they continue to monitor the situation very closely and are prepared for any contingency.

The Marines aboard the two Jima Expeditionary Strike Group bring a capability that will ensure the safety of American citizens in the evacuation. The sailors and Marines aboard the ships have rehearsed non-combatant evacuation procedures as a part of the typical training before a deployment,

said Marine officials here.

Once the evacuees arrive in Cyprus, they become the responsibility of the State Department, which documents them and helps them find a way back to the United States. The military has "rudimentary" medical facilities available in case of need, the official said.

The operation is under the command of Marine Brig. Gen. Carl Jensen, the commander of Task Force 59. It is based in Cyprus.

Platinum Wrench —



photos by Wayne Cook

Pfc. Unique Hodge, 237th Maintenance Company, performs an oil change on a generator as a part of the scheduled maintenance required for the unit.



Spc. Andrew Wong, a refrigeration and air conditioning specialist with the 237th Maintenance Company, works on the cabin cooling fan on the Fort Dix Fire Department's ladder truck during Operation Platinum Wrench.



Spc. Malongze Foma troubleshoots the hydraulic system of a 10K forklift. Because of her professional expertise and leadership abilities she was assigned as a team leader on the maintenance crew.



Sgt. Ramon Cabral, team leader, supervises Spc. Felix Parra as they replace a fender on a 10K forklift during their 12-day training mission at Fort Dix.

NEIGHBORHOOD

THE CORNER

Divorce Preamble and Child Custody/Support Workshop

The Divorce Preamble and Child Custody/Support Workshop will be presented by Mary Acevedo, Senior Attorney & Director of Outreach and Continuing Legal Education, Legal Services of New Jersey, Inc.

As divorce is an emotionally charged process, it is important to become aware of the process, and to learn guidelines to make life easier, should this happen to you.

Ms. Acevedo will explain the divorce process, get you prepared for the initial client information for the consultation, and will provide you with insightful information on what to expect from your lawyer, child custody and child support. She will also provide information on how to file on your own.

Free divorce manuals will be provided which will contain all of the necessary forms and information on how to proceed on your own (pro se), if you are unable to afford an attorney.

The Workshop will be held at Army Community Service, building 5201 (corner of Maryland Avenue and 8th Street), Wednesday July 26 at 10 a.m. Registration in advance is required.

Call 562-2767 for further information and registration.

BOSS program sponsors free Virginia Beach trip

The Better Opportunities for Single Soldiers (BOSS) program is sponsoring a free trip to Virginia Beach and Busch Gardens July 21-23. The bus will leave from Fort Dix at 6 p.m. July 21 and return on July 23.

The BOSS program at Fort Story will host a beach blast event on the day of arrival, and a dance party that evening. Participants will be shuttled to Busch Gardens July 22 and granted free admission to the park.

Points of contact are Laura.eulalce.johnson@us.army.mil, troy.boston2@na.amedd.army.mil, mary.parris@mcguire.af.mil, kevin.thompson@fdx.army.mil, and d a v i d . b e i d e l m a n - 02@mcguire.af.mil.

Reintegration groups offer kids chance to cope

Have School-Age Children? Is your partner facing deployment or reintroduction?

School-based groups for Children of Deployed Soldiers met with great success this past spring and will be reintroduced in schools this fall.

As an outgrowth of these school groups, there was an identified need for ongoing children's groups to meet family member deployment concerns.

Soldier & Family Life Consultants in conjunction with Army Community Service will be offering groups for children with deployment concerns.

The groups will have fun activities and provide the setting for talking about family changes during this time.

The groups will be starting in July for 5 weeks. The time and date have not been determined.

To register your child for the group or for more information, please call Barbara Angstadt or Midge Cammin-Schuck, Soldier & Family Life Consultants, at 562-6715, 609-649-4066 or 609-649-2522.

Doyle Cemetery in need of volunteers

Doyle Cemetery is enlisting the support of community volunteers, Scouting groups, veteran service organizations, youth groups and other interested individuals for outreach and education.

Interested parties should call retired Marine Corps 1st Sgt. Eric C. Dumas, assistant superintendent, at 758-7250, extension 17, or send e-mail to Iven.Dumas@njd-mava.state.nj.us.

Read The Post

Dix hosts Naval Sea Cadet Corps Training

Melissa Bird
Public Affairs Staff

Sixty-nine Naval Sea Cadets from all over the nation came together to form the Naval Sea Cadet Corps Training, or Boot Camp. Young adults

ranging in age from 13 to 17 are taking part in a nine-day program for American youth as a way to introduce them to Navy life.

"It is very structured like the navy," said Commanding Officer E. Troche, Naval Sea Cadet Corps.

While the program is usually held

for two weeks, this year's program is being held in a condensed 9-day program.

"Under this circumstance the cadets have been prepared ahead of time," said Troche.

This enables the students to come in with a solid foundation of the basics and utilize the camp to enhance the cadet's hands-on experience.

Boot Camp is where Sea Cadet Officers and senior cadets can instill the importance of patriotism and pride. They help cadets build courage, self reliance, and the importance of team work and camaraderie. It also provides an environment that is free of drugs, alcohol and gang pressures.

In a classroom setting the cadets will be instructed on military drill, discipline, first aid, and leadership. They are then put through a number of drills to further enforce the classroom training.

Naval Sea Cadet Corps Boot Camp is simply a scaled down version of Navy's Boot camp. They are put on a very strict schedule and the importance of how they keep their uniforms, boots and racks are taught and enforced from the very first day.

"We do personal inspections on uniforms and shoes, and each section competes in different categories," said Troche. "Pennants are then awarded the next day for the day prior."

In the evening each cadet is given

company time. "They are given company time later in the day to work on their uniforms, shine boots, and get ready for the next day."

They are also required to pass a physical fitness test which consists of a mile-and-a-half run, pushups, sit-ups, and drills. If the cadets do not pass the physical portion of Boot Camp they will not be able to graduate.

While the cadets must comply with boot camp standards, each battalion is given the opportunity to create a short program that they will perform.

"On Saturday the units get to show off their battalion and any fancy moves they have created," said Troche.

After graduation, the cadets can then move on to advanced training where they can focus on things like firefighting, FAA Ground School, Medical Training, and many others.

Troche is happy to have the opportunity to train the cadets here on Fort Dix. "We utilize Fort Dix because of the facilities that are made available to us here," said Troche.

Out of the sixty-nine cadets participating in the Naval Sea Cadet Corps Boot Camp, twenty of them are from the Fort Dix Gideon. Jennifer Herting, age 14 from Cinnaminson, New Jersey and the Fort Dix Gideon, said she volunteered for the program to enhance her resume for college and to try new things.



Melissa Bird

Naval Sea Cadets, left to right, Jonathan Van Pelt, 15, Jennifer Herting, 14 Nick Kusisto, 15 and Rob Ford, 16, fight the pressure of a fire hose during Naval Sea Cadet Corps Training. Cadets from all over the nation joined together for nine days of training on Fort Dix. Graduation for the cadets is set for Sunday, July 23.

ACS to celebrate B-day

Steve Snyder
Public Affairs Staff

Fort Dix's organization with a big heart is throwing a birthday party next Friday, July 28, to celebrate 42 years of stellar service to the community here.

The Army Community Service (ACS) Center is providing birthday cake and other refreshments, tours of their facility in Bldg. 5201 on Maryland Avenue (at the corner of Maryland and 8th Street), door prizes and other goodies for those who attend the celebration from 11 a.m. to 2 p.m. on July 28. And everybody's invited!

ACS Director Joan Cole says festivities are especially designed to honor all those who have contributed so much to the success of ACS programs over the years.

ACS centers were established Army-wide in 1965 to assist commanders in reducing conflicts between a Soldier's family responsibilities and duty requirements. But as part of a pilot project, Fort Dix's ACS went into operation a year earlier in 1964, making the program here the oldest in the United States Army.

ACS was established Army-wide because over the years skilled services from chaplains, the American Red Cross and Army Emergency Relief (AER) were being overwhelmed by the demand for expanded services

encountered by large numbers of military personnel pursuant to service in World War II, Korea, Vietnam, and now the Persian Gulf region.

ACS was designed to alleviate the time and energy often expended by unit commanders attempting to assist Soldiers with personal or family-related problems.

ACS centers accomplished this by providing clients of its services with a centralized, individually-oriented and committed agency staff to assist them with problems inherent to families living in a very mobile military environment.

Programs come and go under the aegis of ACS depending on their continued utility. Examples of highly successful programs include relocation assistance (currently under Bonnie Reed's Mobilization and Readiness Deployment Office at the Joint Readiness Center), Exceptional Family member program, consumer affairs and financial assistance, family advocacy and numerous volunteer efforts designed to fill in the cracks where other programs have not tread.

So if you don't like ice cream or cake, are not interested in touring a highly-effective Army service organization, and do not enjoy the company of congenial and efficient people, you still might want to drop in on the festivities next Friday – if only to honor your peers who have no peers at what they do.



Wayne Cook

Birthday wishes

Spc. Felix Martinez, chaplain assistant, 467th Transportation Battalion, and 1st Lt. Rocky Robinson, 1079th Base Ops, cut the installation's 89th birthday cake during a ceremony held at Club Dix July 19. Post Command Sgt. Maj. Albert Davidson and Col. Doug Dinon, acting post commander, ensured all safety protocols are adhered to during the ceremony. More than 75 members of the installation attended the birthday celebration. Col. Dinon shared the history of the installation from its original designation as Camp Dix in 1917 to meet the needs of the Army training and mobilizing during World War I until present as a training and mobilization site and all the transitions in between. He pointed out how the mission has gone full circle through the years. He also promised a much bigger celebration for next year when Fort Dix celebrates its 90th birthday.

BOSS picks winner



Ed Mingin

The Fort Dix chapter of the BOSS (Better Opportunity for Single Soldiers) program was looking for a new slogan. They held a competition for slogan design. Dina Fitzgerald fired up her creative energy and designed the winning entry. Pictured above are: Master Sgt. Dave Beidelman -BOSS coordinator, Sgt. Troy Boston, Fitzgerald, Chris O'Donnell -MWR liaison, and Master Sgt. Kevin Thompson -BOSS treasurer. Fitzgerald's design was the only entry that included all five branches of the military.



Steve Snyder

WE'RE HAVING A PARTY – And everyone is invited! The crew at ACS is preparing for its 42 birthday, to be held July 28. Birthday cake, refreshments and door prizes will be offered, and visitors will be able to tour the ACS building.



Heading into action for a second time



photos by Sgt.

Soldiers of the 630th Corps Support Battalion receive their Combat Action Badge before their second deployment to Iraq during a ceremony at Infantry Park. They are from left: Spc. Jacqueline Griffith, Staff Sgt. Vanessa Luster, Staff Sgt. Deverick Moody, and Command Sgt. Maj. Malcolm Calhoun.



UPON RETURN -- First Sgt. Arthur Simmon, with back to the camera, 1st Lt. Lance Gauthier, Command Sgt. Maj. Malcolm Calhoun and North Carolina's Army National Guard 630th Battalion Commander Lt. Col. David Jones hosts the unit's yellow ribbon before departing Fort Dix for Operation Iraqi Freedom this past Monday.



Sgt. Johnnie Mercer, of the 630th Corps Support Battalion, also is a Fort Dix Basic Trainee graduate, but was too busy standing fast with the unit colors for a formation at Infantry Park.



A BASIC REUNION -- Soldiers of North Carolina's 630th Corps Support Battalion who deployed for Operation Iraqi Freedom this week gathered at Infantry Park to mark the fact they all graduated basic training from Fort Dix. They are from the right, Chief Warrant Officer Zebulon Sanders, 1971; Spc. Wanda Gary, 1978; Master Sgt. William Stoddart, 1979; Sgt. 1st Class Kenneth Hunter, 1983; Staff Sgt. Janie Morning, 1985; Staff Sgt. Deverick Moody and Sgt. 1st Class Charles Willard, both 1986.

DoD provides equitable environment

Rudi Williams
American Forces Press Service

WASHINGTON, July 19, 2006 - Defense Department policies and programs allow all its military and civilian members to work and serve in an environment of fairness, equity, dignity and respect, a top defense official said during remarks at the NAACP's 31st annual Armed Services and Veterans Affairs Awards Dinner last night.

Clarence A. Johnson, principal director of the department's Office of Diversity Management and Equal Opportunity, said DoD joined the National Association for the Advancement of Colored People in recognizing the outstanding accomplishments of leaders and organizations in pursuit of common objectives.

"Our nation's military exists to assure our freedom and democracy and when threatened, to defeat the enemies of our freedoms," said Johnson, a retired Air Force colonel. "At the centerpiece of our military are the uniformed men and women of the services and the DoD civilians. Combined, they make America's military -- the

most powerful and effective force in the world -- unequalled on the battlefield."

Noting that while the military is smaller than in the past, Johnson said "it's the most lethal and disciplined force this nation has ever fielded. Despite the reduction of the force, however, the presence of women and minorities has increased."

He said the honorees for this year's NAACP awards reflect a positive symptom of the strength of diversity of the Defense Department. "Presently, your all-volunteer military force is composed of 15 percent women and 36 percent minorities, of which about 18 percent are African Americans," Johnson said.

"African-Americans serve with distinction, making up 9 percent of the officer corps and 20 percent of enlisted ranks," he noted.

"In the past 10 years, the representation of African-Americans in senior enlisted and commissioned officer ranks has increased."

Ten years ago, African Americans composed 23 percent of the senior enlisted ranks -- today, that number is 26 percent. The number of field grade officers has also increased, from 6

percent to 8 percent, and in the flag and general officer grades, the representation has doubled, from 3 to 6 percent, Johnson said.

The size of the DoD civilian work force has decreased over the last decade, but the representation of minorities, women and persons with targeted disabilities has increased, the retired colonel said.

"African-American representation in overall DoD has increased to more than 15 percent of DoD's civilian force, making gains in white-collar occupations, and particularly in the GS-13, GS-14 and GS-15 grades," he noted.

Paraphrasing a famous commercial of the past, Johnson said "We've come a long way, baby," but he followed that with a paraphrase of poet Robert Frost: "We have yet miles to go before we sleep."

"We'd certainly like to see more diversity and better representation of all minorities in our senior civilian and military grades," he said. "We also would like to see more minorities and women in some of the key occupations that have a better prospect of leading to the senior ranks and grades."

"You can help," Johnson told people in the audience who he called "the key influencers of our society -- the leaders to whom others look for advice and guidance."

He called on mentors in the

audience to help increase African-American representation in DoD by telling young people about the opportunities and value of service to the nation, either in the military ranks or as civil servants.

"The military affords our young people the opportunity to gain responsibility fast and develop leadership skills that can't be obtained anywhere else -- from leading a platoon in battle to flying an aircraft off the deck of an aircraft carrier in high seas to developing departmental policy," Johnson said.

Johnson asked the audience to remember that every day, 1.4 million active soldiers, sailors, airmen, Marines and Coast Guardsmen and 1.5 million reservists voluntarily put their lives at risk to safeguard America's freedoms and its way of life.

He pointed out that at any given moment, American troops are flying combat missions or conducting combat patrols in Southwest Asia, hunting terrorists in the caves of Afghanistan and providing security and humanitarian and civil affairs support around the world.

They're also standing guard over the nation's interests around the world, maintaining ships and submarines across the vast reaches of the oceans. Plus, Johnson noted, "They're attending college, learning new skills, developing into leaders of character who will lead in the service or as citizens."



Making the grade



TOP NOTCH -- Before deploying for the Operation Iraqi Freedom theater of Operations, several members of North Carolina's Army National Guard's 630th Corps Support Battalion were promoted during a ceremony at Infantry Park. Donald Bolick (above left) was promoted to the rank of Sgt. First Class. Kenin Boyles (above center) was promoted to Staff Sgt. Charles F. Willard (above right) was promoted to Sgt. First Class. Kenneth Davis (below left), and Janie Morning (below) were promoted to the rank of Sgt. First Class.

(photos by Sgt. First Class David Moore)



Wayne Cook



RANK AND FILE -- Task Force Edison held a promotions ceremony this past Monday, July 17. Pictured above are Col. Adam Reich, Master Sgt. William Lovino -who was promoted from the rank of Sgt. First Class - Sgt. First Class Edwin Pountal - promoted from the rank of Staff Sgt. - and Command Sgt. Maj. Thomas Holland.



photos by Ed Mingin



RECOGNITION -- Staff Sgt. Norman Lucas, shown above with Command Sgt. Major Thomas Holland, was awarded as Task Force Edison, 1st Bde. NCO of the Quarter. Master Sgt. Ernie Bailey, pictured at left with Col. Adam Reich received two Army Commendation Medals: ARCOM for Achievement for support of two 78th Div Training Exercises as a subject matter expert in MCS-Light in Fort Devens. Army Commendation Medal for Service with Task Force Edison, 78th Div., 1st Bde., as a mobilized Soldier for 21 months active duty as a Battalion Observer Controller Trainer.

WDIX
Channel 2
24/7 information

Glimpse into the future

Col. Michael Anderson, area coordinator Fort Dix, 2nd ROTC Brigade, presents JROTC cadet commander Lt. Col. Joshua Fontanez of Pemberton High School the Leadership Ribbon, during ceremonies at the conclusion of Camp Adventure 2006 which was held on the installation. The award is one of eight that Fontanez earned during the week long camp.



Announcements



Movie Schedule at the McGuire AFB Theatre

Movie Hotline 754-5139

Friday, July 21 @ 7:30 p.m.

The Fast & Furious Tokyo Drift - Cast: *Lucas Black, Zachery Ty Bryan, Bow Wow* - Sean Boswell always feels like an outsider, but he defines himself through his victories as a street racer. His hobby makes him unpopular with the authorities, so he goes to live with his father in Japan. Once there and even more alienated, he learns about an exciting, though dangerous, style of the sport. The stakes are high when Sean takes on the local champion and falls for the man's girlfriend.

MPAA Rating: PG-13 - reckless and illegal behavior involving teens, violence, language and sexual content
Run Time: 1 hour 30 minutes

Saturday, July 22 @ 7:30 p.m.

Cars - Owen Wilson, Paul Newman, Bonnie Hunt - Pixar Animation Studios' (The Incredibles, Finding Nemo) and Academy Award® winning director John Lasseter (Toy Story, A Bug's Life) hit the road with a fast-paced comedy adventure, Cars. Lightning McQueen (voice of Owen Wilson), a hotshot rookie race car driven to succeed, discovers that life is about the journey, not the finish line, when he finds himself unexpectedly detoured in the sleepy Route 66 town of Radiator Springs and meets the town's offbeat characters including Doc Hudson (voice of Paul Newman), Mater (voice of Larry the Cable Guy) and Sally (voice of Bonnie Hunt).

MPAA Rating: G
Run Time: 1 hour 56 minutes

Future Features...

Nacho Libre

Friday, July 28 @ 7:30 p.m.
PG, 91 min.

The Lake House

Saturday, July 29 @ 7:30 p.m.
PG, 98 min.

Main Chapel

562-5791/562-2020
Sunday services

Protestant at 9 a.m.

Catholic Mass at 10:15 a.m. Gospel at 11:30 a.m.

Catholic CCD is held at 9:15 a.m.

Protestant-Gospel Sunday School at 10:15 a.m.

Religious Services

Islamic Prayer Services

held at noon, Monday through Thursday - Room 24
Adult Bible Study

Wednesdays at 7 p.m.

Catholic Adult Bible Study - Sundays at 11:30 a.m.

Christian Women of the Chapel

hold a Bible Study - Tuesdays, 9:30 a.m. to noon

Jewish Services

Shabbat held every first and third Friday evening at 6 p.m. followed by KIDDUSH Fellowship

Chapel 5 (Bldg. 5950) 562-4847

Memorial Prayer Service for Our Soldiers

5:45 p.m. each Sunday

Computer Room: Mon. - Fri.

9 a.m. - noon / 2-4 p.m. and 5-8 p.m.

Infant Baptism and Lutheran Confirmation

Instruction by appointment

Organizations

First Aid & CPR instructors needed

The McGuire/Fort Dix station of the American Red Cross is looking for volunteers to be first aid and CPR instructors. Call 562-2258.

Playgroups for age 4 and under

Are you interested in forming a free playgroup for children 4 years and under? We have the ideal place to hold weekly meetings in our child care room in the Fort Dix Child and Youth Services Central Enrollment Registry building 5203 Maryland Ave. Parents need to come with their children to play with them and share experiences and ideas with other parents. This is a great time to allow your child and yourself some social interaction. If interested, please call 562-2242/4702.

Register for yard sales

Any resident in housing must register for a Yard Sale permit at the Youth Center at 1279 Locust Street. The permit cost \$5 and are free to members of Club Dix or the Fountain Green Golf Course. The permit must be posted outside your quarters, but no other signs may be placed in housing area. Call 562-5061 for the Yard Sale information.

First Aid & CPR instructors needed

The McGuire/Fort Dix station of the American Red Cross is looking for volunteers to be first aid and CPR instructors. Call 562-2258.

Committee for Native American Heritage

Team Dix is looking for volunteers of Native American descent to be a part of a committee for the 2003 Native American-Alaskan Native Heritage Month in November. Contact Toni at 562-5085, toni.tomasello@dix.army.mil for details.

Black History committee

The Fort Dix Black History Observance Committee is looking for volunteers to help with annual celebrations. Call Veverly Wakefield at 562-4036 for more information.

MOBILIZATION NEW YOU CAN USE

WDIX
Commander's
Channel 2

WDIX
Commander's
Channel 2

Post Shuttle Bus

562-5888

Monday to Sunday -- 7 a.m. to 10 p.m.
During the day *Starr Tour* buses are used, in evening the military *Blindfold* buses are run.

Dix Shoppette/Class Six/ Gas Station

723-0044

Bldg. 5359, Texas Ave.

Monday to Friday - 6 a.m. to 10 p.m.

Weekends - 7 a.m. to 10 p.m.

BX/PX & Mall

723-6100

Monday to Thursday - 10 a.m. to 8 p.m.

Friday and Saturday - 8:30 a.m. to 8 p.m.

Sunday - 10 a.m. to 6 p.m.

Commissary

734-4154

Monday to Friday - 7 a.m. (early bird) to 8 p.m.

Saturday - 9 a.m. to 8 p.m.

Sunday - 10 a.m. to 7 p.m.

Military Clothing/Sales Store-Alterations

723-2307

Bldg. 5601, Texas Ave.

Monday to Saturday 10 a.m. to 5:30 p.m.

Sunday - Closed.

Club Dix

723-3272

Dix Cafe

Tuesday to Friday 11 a.m. to 1 p.m.

Revolutions Lounge

Opens 4:30 p.m. Tuesday to Sunday

Karaoke every Thursday at 8 p.m.

Spouses' Club Thrift Shop

723-2683

Tuesday and Thursdays - 10 a.m. to 2 p.m.

First Wednesday of each month - 4 to 8 p.m.

First and 3rd Saturday of each month - 10 a.m. to 2 p.m.

Recreation Center

562-4956

Bldg. 5905 on Doughboy Loop.

Monday through Friday - 1 to 10 p.m.

Saturday and Sunday - noon to 11 p.m.

AT&T Cyber Zone offers computer access for a fee

TRICARE information 1 (877) 874-2773

Appointments
1 (866) 377-2778

Mills Troop Clinic
562-5707

Outdoor Recreation

562-6667

Bldg. 6045 Doughboy Loop

Equipment for rent includes skis, snowboards, canoes, flat bottom boats, canopies of various sizes, tents, tables, chairs and more.

Monday to Friday 10 a.m. - 5 p.m.

Saturday 4 p.m.

Computer Lab

562-5228

Delaware Ave. & First St.

Tuesday to Friday - 1 p.m. to 9 p.m.

Saturday - Sunday - 1 p.m. to 7 p.m.

McGuire Gas Station

723-4705

East Arnold Avenue by the 24-hour gate

Monday to Friday - 6:30 a.m. to 7 p.m.

Saturday - 9 a.m. to 7 p.m.

Sunday - 9 a.m. to 6 p.m.

Firestone

723-0464

Bldg. 4201 on Texas Ave.

Monday through Friday - 7 a.m. to 7 p.m.

Saturday - 7 a.m. to 5 p.m.

Dining Facilities

Bldgs. 5640 and 5986

Breakfast Mon - Sun 5:30 to 7:30 a.m.

Lunch Mon - Sun 11:30 a.m. to 1:15 p.m.

Dinner Mon - Sun 4:30 to 6:30 p.m.

Bldg. 5985 (FOB)

Breakfast Mon - Sun 5 to 6:30 a.m.

Dinner Mon - Sun 6 to 7:30 p.m.

McGuire Shoppette

723-4705

East Arnold Avenue by the 24-hour gate

Monday to Thursday - 6:30 a.m. to 9 p.m.

Friday - 6:30 a.m. to 7 p.m.

Saturday - 9 a.m. to 10 p.m.

Sunday - 9 a.m. to 7 p.m.

Burger King

723-8937

Bldg. 5399, Texas Ave.

Monday to Saturday 6 a.m. to 8 p.m.

Sunday 7 a.m. to 8 p.m.

Family Advocacy
562-5200
Chaplain
562-5721/2020
American Red Cross
562-2258
Army Emergency Relief
562-2767

Youth Center

Bldg. 1279 Locust Street
562-5061

Hours of Operation:

Tuesday - Friday 2 to 7 p.m.

Saturday 1 to 7 p.m.

Sunday & Monday CLOSED

Administrative Hours:

Tuesday - Friday noon to 6 p.m.

July Schedule

July 22

Ice Cream Social

4:45 - 5 p.m.

July 22

NBA Tournament - Teen Center

8 - 9 p.m.

July 25

Boulder Dash

4 - 5 p.m.

July 26

Texas Hold'em

4 - 6 p.m.

July 27

Belly Bumper

4 - 5 p.m.

July 28

Rental Movie & Popcorn

4 - 6 p.m.

July 29

Madden Tournament - Teen Center

9 - 10 p.m.

Note: The Teen Center is open Fridays and Saturdays from 7 to 11 p.m. except during the Youth Center's Midnight Basketball nights.

WDIX Channel 2 24/7 information

Wiccan group meets at McGuire

The Wiccan study group will meet the 1st Thursday of each month at McGuire Library conference room from 5:30 to 7:30 p.m. Contact Master Sgt. William Oram at oramw@yahoo.com.

Saturday, July 22

YARD SALES

1293 A 1st St.

Any resident in housing must register for a Yard Sale permit at the Youth Center at 1279 Locust Street. The permit cost \$5 and are free to members of Club Dix or the Fountain Green Golf Course. The permit must be posted outside your quarters, but no other signs may be placed in housing area. Call 562-5061 for more information. **Deadline to register for August 5 sale is July 29.**

Army Community Service Events

Bldg. 5201 Maryland Ave.

(609) 562- 2767

July 25.

Community Action Council

12 Noon - 1:00 p.m.

Toddlers Temper Tantrums

6:00 p.m. - 8:00 p.m.

July 26

AFTB Training Level I

8:30 a.m. - 10:30 a.m.

July 27

Domestic Violence Awareness Training

11:30 a.m. - 12:30 p.m.

July 28

International Spouse Club

11:45 a.m. - 1:15 p.m.

ACS Birthday Celebration - 11: a.m. - 2:00 p.m.



Young golfers gather for fun



courtesy photo

Golfers ages 4-17 and their family members, pictured above, took part in the Junior Golf Program at Fountain Green Golf Course. Running July 5-9, the young golfers got first hand instruction from Fort Dix Golf Pro Bill Lyons, who said the youngsters had a great week.

Sports Shorts

Griffith Field House
Saturday & Sunday
9 a.m. to 5 p.m.
Monday - Friday
6 a.m. to 9 p.m.

Doughboy Gym
Newport Ave.
Monday - Friday
5 to 9 p.m.
Closed weekends

Soccer Registration

Soccer registration for the upcoming fall season will begin June 1 and run through Aug. 31. Mon. - Fri. 9 a.m. - 5 p.m. There is a \$40 soccer fee and an annual fee of \$18, which is good for one year in any of the CYS programs.

Must show proof of sports physical for current year or have one on file. Youth third grade and above need to register with the McGuire Youth Sports program.

Call 562-4702 or 562-5231 for more information.

Field House Fitness

Spin-It
Mon. noon - 12:45 p.m.
Mon. 6:15 - 7:00 p.m.
Tue. 5:15 p.m. - 6:00 p.m.
Wed. noon - 12:45 p.m.
Wed. 5:15 p.m. - 6:00 p.m.
Fri. noon - 12:45 p.m.
Total Toning
Mon. 5:15 p.m. - 6:15 p.m.
Mind & Body Plates
Tue. 8:30 a.m.
Thur. 6:15 p.m. - 7 p.m.

Cardio Muscle
Tue. noon - 12:45 p.m.
Power Step
Thur. noon - 12:45 p.m.
Intro to Fitness
Thur. 5:15 p.m. - 6:15 p.m.

Call 562-4888 for more information.

Football & Cheerleading Registration

Registration for football and cheerleading will begin May 22 and run through July 28.

There is a \$70 fee for football and a \$40 fee for cheerleading.

A late fee of \$15 will be charged after July 28.

There is also a fee of \$18 which is good for one year in any CYS program.

Proof of sports physical for the current year is required.

Call 562-4072 or 562-5231.

Local track offers military discount

Once again New Egypt Speedway is offering a discount off the price of an adult admission ticket to all active duty military personnel and their spouses, with proper ID. The military discount is for Saturday night racing programs at the track located on Route 539 in Plumsted Twp.

For more info visit the track's website at www.newegyptspeedway.net.

Outdoor Recreation

July 22
Skydiving
Fees: \$195 for tandem jump.
\$295 with DVD.

July 25
Evening Blue Fish
Fees: \$45 adult - \$65 child

Aug. 3 - Aug. 6
Rafting in Maine
Fees: \$295 each - \$550 couple

Aug. 19
Tubing - BBQ Lunch
Fees: \$25

Aug. 26
Skydiving
Fees: \$195 for tandem jump.
\$295 with DVD.

Sept. 9
Mountain Biking
Fees: \$15 with your own bike.
\$20 without your own bike.

Sept. 16
Sailing
Fees: \$75 adult - \$65 child

Call 562-6667 for more information about programs offered by Outdoor Rec.

Commander's Cup

The next Commander's Cup is scheduled for August 23. Anyone wishing to participate should register a week in advance.

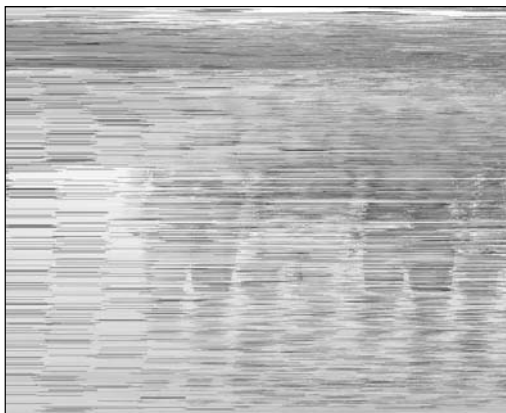
Call the Golf Course at 562-5443 for more information.



Ed Mingin

Getting around

With gas prices hovering around the \$3 mark, alternate means of transportation are a hot commodity. For Sgt. First Class Hubert Townsend of the SARG, it was less about fuel mileage and more about enjoying a few days off from work. "I'm going to take a short tour of New Jersey," said Townsend as he started his trip on his new recumbent bicycle. Townsend said the bike has a lot less drag than a conventional bicycle and took "about 10 seconds to learn how to ride."



Ed Mingin

Commander's Cup

The team of John Huda, Kevin Kaufman, Don Ratcliff and John Sprague, pictured above from left to right, won the most recent Commander's Cup, held July 12 at Fort Dix.

Fort Dix Youth Sports Soccer, Registration 2006

ATTENTION: Players, Coaches and Team Parents; Its registration time again! Parents, before you can register your children in our sports programs, they need to be registered with Child Youth Services (CYS) office at building 5203 on Maryland Ave. There is an annual fee of \$18.00 which is good for one year in any of our CYS programs. Contact 562-4702 or 562-5231 for an appointment to register for soccer.

Fees:
Soccer - \$40.00

No refunds of sports fees after registration.
(\$15.00 LATE FEE AFTER 31 AUGUST 2006).

Soccer Divisions:
Tiny Tots, Ages 3-4 (co-ed)
KS (co-ed), Grades 1 & 2 (co-ed)
Youth 3rd grade and up interested in playing soccer may register with the McGuire Youth Sports program.

Registrations:
1 June - 31 August 2006
Monday-Friday 9am-5pm

Physicals:
Must show proof of sports physical for current year, or have one on file in the Central Reg. Office as required by Ar215.

Proof of age:
Must show Birth Certificate or Military ID for Soccer.

Who:
Family members of Active duty, Retired military & DOD civilian employees.

Practice begins 5 September 2006
Coaches will call to let parents know practice times and locations.

Griffith Field House Spring/Summer Walking Club

Where:
Griffith Field House
Building 6053
8th & Millville

When:
Apr 3 - Aug 25, 2006
Every Wednesday & Friday
12-1pm

At the end of this program, all participants will receive a FREE water bottle. To ensure attendance, you must sign in at the front desk of the Field House prior to each walk.

The whole family can participate in this activity. Bring your friends and bring your kids. Baby strollers are permitted, and you may walk at your own pace.

Sign up today at the front desk of the Field House and start walking your way to a healthier life!

The Walking Club follows the Griffith Field House 5K (3.1 Miles) Map.

For more information, please call the Fitness Coordinator at 609-562-2707.

Who:
Family members of Active duty, Retired military & DOD civilian employees.

Practice begins 5 September 2006
Coaches will call to let parents know practice times and locations.



Dix, McGuire riders gather for awareness



Ed Mingin
Public Affairs Staff

Motorcycle riders around the country hopped on their bikes this past Wednesday, July 19, to participate in Ride to Work Day. Riders on Fort Dix and McGuire took advantage of the day by gathering at the McGuire Base Theater and taking off on a group ride around Fort Dix and McGuire. Led by Air Force Staff Sgt. Jeremich Guinn and other members of the Green Knights, the riders left the theater after a short safety briefing. "Not all of our rides are just for the Green Knights," said Guinn. "We have many events where we invite non-members."

The 40-minute tour around the two military installations was just such an event. Military members and civilians made up the group of two dozen riders. Hosted by the 305th Air

Mobility Wing (AMW), the ride wasn't just about riding, it was about safety awareness. Riders need to be aware not only of themselves, but of the vehicles with which they share the road. Ride to Work Day, now in its fifteenth year, brings safety awareness to bikers and tries to bring awareness about bikes to automobile drivers.

No motorcycle ride is complete without a gathering afterward, and the 305th AMW offered burgers and hotdogs to those who participated.

The Green Knight/305th AMW hosted ride closely followed the Bike Blessing held by the Fort Dix Chapel in early summer. If Guinn has anything to say about things, these two rides won't be the only ones to take place.

"I'd like to be able to do it three or four times a year," said Guinn. "It beats sitting in the office all day!"



photos by Ed Mingin

LEADER OF THE PACK -- Air Force Staff Sgt. Jeremich Guinn leads the group of riders as they tour Fort Dix and McGuire, above. Several Army riders participated as well, including Lt. Col. Greg Gravelle of the Inspector General's Office, left photo.

